Episode #6 - Who Am I (Eileen's Story)
Eileen's family immigrated from China to North America to create a new life for their children. Eileen found it difficult to fit in with her peers as she was relied upon at home for chores and to excel at school. She was sexually molested and kept it a secret. She developed low self-esteem and alienated herself from any social life making High School a nightmare. A message of hope from an unusual source helped her decide to transform her life with a spiritual and physical makeover.

30 Min. DVD: $149.99 · PS4013-006 DIGITAL: $249.99 · PS4013-019

Episode #5 - LGBTQ - Acceptance (Joey's Story)
When reaching puberty at the age of 12, Joey was coming to the realization that he was gay and felt he was the only gay teenager in his school and community. He confided in a "friend" who soon spread the word. Joey became the target of bullying and ridicule. He was sent him to live with his "unaccepting" grandparents and he felt alone in the world. The only way out, so he thought was to take his own life.

30 Min. DVD: $149.99 · PS4013-005 DIGITAL: $249.99 · PS4013-018

Episode #4 - Broken Families (Lydia's Story)
Lydia's life as a child was filled with drugs, abuse and after the death of her mother she ended up in the foster care system. She was left with a lack of identity, belonging and self worth. The longing for family and her loneliness created a cycle of destruction and "acting out". Living out of a car she somehow found the strength to turn her life around.

30 Min. DVD: $149.99 · PS4013-004 DIGITAL: $249.99 · PS4013-017

Episode #3 - Breaking Poverty (Billionaire PA's Story)
Poverty, drugs, violence, abuse, family death... all of which Billionaire PA experienced as a young teenager. He started selling drugs on the street landing him in and out of jail. His grandmother planted a positive thought in his head and he took her advice. He not only turned his life around but he is now saving others from the same hardships he endured.

30 Min. DVD: $149.99 · PS4013-003 DIGITAL: $249.99 · PS4013-016

Episode #2 - Don’t Diss my Abilities (Michelle's Story)
Michelle faced sexual abuse as a child and kept it a secret for years. At the age of 16 she acquired a brain disease that rendered her blind. In school she was bullied and she fell into a deep depression and turned to drugs, alcohol and self-harm to numb her pain. She felt her only option was suicide. A miraculous turn of events saved her life and she now faces all her adversity with positive energy.

30 Min. DVD: $149.99 · PS4013-002 DIGITAL: $249.99 · PS4013-015

Episode #1 - I’m Not Addicted (Will's Story)
Will's story shows that anyone can fall dangerously into addiction. For him it started with a video games addiction which was the beginning of the slippery slope that almost cost him his life. He dreamed of becoming a professional baseball player as a child and never could he have imagined that at the age of 17 he would be living on the streets and addicted to crack cocaine. His remarkable story brings hope to those that struggle with addiction.

30 Min. DVD: $149.99 · PS4013-001 DIGITAL: $249.99 · PS4013-014

The series has a companion website with additional teacher resources to keep discussions going, as well as links to teen mental health programs and crisis centres.

Each DVD features a real-life teen issue resulting in mental health problems as retold by the teen victim. Each topic has high-quality recreations, student round-tables, and expert analysis of the teen brain. Its quick pace and dynamic presentation ensures students will watch and be impacted by the stories.


SALE
DVD
$149.99 $109.99
DIGITAL
$249.99 $169.99

Special pricing

SALES PRICE
Episode #7 - Depression and Anxiety (Eleanor’s Story)
Eleanor had a hard time fitting in. She was bullied through elementary school and high school. She became very depressed and developed paralyzing anxiety. She couldn’t enter a room full of people nor could she be touched. Life was unbearable. With therapy and medication, Eleanor blossomed into a happy young woman that now studies psychology in University and works in an institution assisting troubled youth.

30 Min. DVD: $149.99 · PS4013-007 DIGITAL: $249.99 · PS4013-020

Episode #8 - First Nations (Lindsay’s Story)
Lindsay (Eekwol) grew up in the First Nations community. She experienced an unforgiving world of drugs, alcohol and violence. She soon became an abuser of drugs and alcohol, falling victim to blackouts and one night almost death. Her sister gave her an ultimatum and she listened and the path of being clean and sober led her to become a successful solo female aboriginal hip hop artist.

30 Min. DVD: $149.99 · PS4013-008 DIGITAL: $249.99 · PS4013-021

Episode #9 - Eating Disorder/Nutrition (Sterling’s Story)
At the age of 13, Sterling was a cheerleader and cross country runner. One comment from her uncle that she was getting a roll around her belly made her obsessed about her weight. She stopped eating, but when she did eat, purging was the option. Her body started to shut down and doctors warned her that she may never be able to have kids. Her miraculous recovery is an amazing story to all youth.

30 Min. DVD: $149.99 · PS4013-009 DIGITAL: $249.99 · PS4013-022

Episode #10 - (Brittney’s Story)
Following a quarrel, Brittney turned to her mother for comfort but instead her mother lashed out at her calling her selfish. She began internalizing her feelings and she turned to drugs and alcohol. At a party her excessive drinking led to sexual abuse. She began to engage in self-harm practices, cutting her arms regularly. The more depressed she became the worse the self-inflicted harm became until she was hospitalized for it.

30 Min. DVD: $149.99 · PS4013-010 DIGITAL: $249.99 · PS4013-023

Episode #11 - Identifying Transgender (David’s Story)
As far back as David could remember, he did not identify with being a little girl……he wished he were a boy. As he got older depression and anxiety set in until he changed his name to David and decided that he was male. Happiness set in like he had never experienced before and he finally found comfort in his life choice as a transgender.

30 Min. DVD: $149.99 · PS4013-011 DIGITAL: $249.99 · PS4013-024

Episode #12 - Social Media Bullying (Cristina’s Story)
At the age of 13, Christina declined a boys offer to be his girlfriend and he became angry and threatened that she would regret it. A friend told her that the boy had circulated a nude photo on line saying that it was Christina although the persons face was not seen. This devastation turned her into a tormented young woman who could not escape the rumors for 7 years and ultimately made her not want to live life anymore.

30 Min. DVD: $149.99 · PS4013-012 DIGITAL: $249.99 · PS4013-025

Episode #13 - Living with Aspergers (Shawn’s Story)
From as early as he could remember, Shawn had lived with extreme anxiety. He couldn’t connect with other students and he was bullied and never understood why. It took years for a doctor to pinpoint Shawn’s mental health issue……he had Asperger’s. With knowledge and treatment, Shawn learned how to control his disorder. He now helps younger kids who struggle with this mental health disorder.

30 Min. DVD: $149.99 · PS4013-013 DIGITAL: $249.99 · PS4013-026

30 Min. DVD: $149.99 · PS4013-007 DIGITAL: $249.99 · PS4013-020

30 Min. DVD: $149.99 · PS4013-008 DIGITAL: $249.99 · PS4013-021

30 Min. DVD: $149.99 · PS4013-009 DIGITAL: $249.99 · PS4013-022

30 Min. DVD: $149.99 · PS4013-010 DIGITAL: $249.99 · PS4013-023

30 Min. DVD: $149.99 · PS4013-011 DIGITAL: $249.99 · PS4013-024

30 Min. DVD: $149.99 · PS4013-012 DIGITAL: $249.99 · PS4013-025

30 Min. DVD: $149.99 · PS4013-013 DIGITAL: $249.99 · PS4013-026